

### *Month One (taken again, just as before)*

- Biota-Clear 1a—take three pills twice a day
- Biota-Clear 1b—take two pills twice a day

### *Month Two (taken again, just as before)*

- Biota-Clear 2a—take two pills twice a day
- Biota-Clear 2b—take three pills twice a day

### *Plus the following during Level 2 Months One and Two*

- NAC—one capsule twice per day, preferably with food; this will require two bottles total, one per month
- Biota-Dissolve—two capsules twice per day, preferably without food; this will require two bottles total, one per month

### *And follow a special dosing schedule for artemisinin*

- This has a dosing schedule of one week on, followed by a two-week break, followed by one more week on. So, take Artemisinin for week one, then do not take it for weeks two and three, and then take it for one more week (week four). Then you are done for good.
- During the “on” weeks, take 600 mg in the morning and another 600 mg in the evening, preferably on an empty stomach. This will require two bottles.

*Check with your doctor before starting “Remove Protocol Level 2.”*

## REMOVE PROTOCOL LEVEL 2 MONTH-ONE ANTIMICROBIALS

Name	Dose	Times/Day	w/Food	Bottles Needed
Biota-Clear 1a	3 pills	2	Best w/o	2
Biota-Clear 1b	2 pills	2	Best w/o	2

## REMOVE PROTOCOL LEVEL 2 MONTH-TWO ANTIMICROBIALS

Name	Dose	Times/Day	w/Food	Bottles Needed
Biota-Clear 2a	2 pills	2	Best w/o	2
Biota-Clear 2b	3 pills	2	Best w/o	2

## REMOVE PROTOCOL LEVEL 2 ANTI-INFLAMMATORY AND ANTIBIOFILM SUPPORT (MONTHS ONE AND TWO)

Name	Dose	Times/Day	w/Food	Bottles Needed
Artemisinin	See special dosing instructions, above		N	2
Biota-Dissolve	2 pills	2	Best w/o	2
NAC	1 pill	2	Y	2

## REASSESSING

At the end of Remove Protocol Level 2, most people are feeling much better. If you are, move on to Step 4 “Rebalance.” If you are still not feeling better or have had reactions to all the antimicrobials, there is one more strategy we can try: an elemental or semielemental diet.

## REMOVE PROTOCOL LEVEL 3—THE ELEMENTAL AND SEMIELEMENTAL DIETS

At this point in our Great-in-8, most people will have experienced noticeable improvement. But